

2019 Autism Ambassador Conference









Notional Autistic Society	South Hampshire Branch	





Achievements



• 9 training days since the last conference (226 Ambassadors)



Achievements



- 17 one-hour talks given at request of Ambassadors
- 3 more training days planned for 2019
- 747 Autism Ambassadors trained since May 2015
- About 75% of Ambassadors trained still engaged with the scheme
- Planning for 2020 training days will start soon

Autism Ambassador Southampton - Hampshire tide of Wight - Portsmouth

Review of the scheme

- · All partners fully committed to the scheme
- We need to ensure sustainability of the scheme as it grows ever larger.
- Questionnaire:
 - £5 Annual Membership for Autism Ambassadors?
 - Do you use your Autism Ambassador sticker?
- Considering introduction of 'Mystery shoppers' who will be 'Experts by experience'

	Aut ism
Assistant App	Ambassador Southampton - Hampshire

Spectra5 Autism Assistant App

The Spectra5 Autism Assistant App is part of Autism Hampshire's Alert Programme, which is provided in partnership with Hampshire Constabulary with support from HCC and IOWCC. The new assistive app is being launched to work alongside the alert card and car badge.



The app is designed to people on the spectrum when they need support from the police or emergency services. It can help people to feel safer in situations that they find challenging and enable them to communicate more effectively.

Spectra5 can also be helpful in supporting daily life including work, education and leisure.

Good news stories



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 ability to communicate may reduce,
 if there is a change to be made their give
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 to allow them to process what is require
- Lee Barnard, one of our Hampshire Constabulary Ambassadors, has created a quick reference guide for staff pocket notebooks.

Good news stories

Michelle Rebello-Tindall has developed an Autism Understanding poster, available to all to download from our Facebook group. Her employer, Dimensions, are working with GAME stores to trial autism- friendly adjustments in their Belong Arenas, where customers can play the latest games. She has also written a blog about seeking an adult diagnosis for The Autism Plan.



Autism Ambassador

Aut ism

Good news stories

Emma O'Leary, who spoke at our 2017 conference, continues to run the Neurodiversity Programme at P&G, enabling employment opportunities for autistic individuals.



Good news stories



Amanda Adams, nursery Ambassador: "We have set up a mindfulness group with our SEND children to look after their well being and it was suggested that the staff read 'The Reason I Jump' to give each of them an insight into the thought process of a child with ASD. Each fed back that it was a helpful resource".

Good news stories
Claris Angafor – Community Ambassador: "I organised an autism awareness event

Autism Ambassador Southamaton - Hampshire Isle of Wight - Portsmouth

Claris Angafor – Community Ambassador: "I organised an autism awareness event at Tadley hall in Basingstoke. The day was made up of presentations from Alex Kelly, who talked on autism and communication, Shona Davison, who is .



an autistic adult talked about being autistic and parenting autistic children, Eric Moor, who is a PhD student talked on general overview on autism and sexuality. Then, as a parent, I spoke about the A.U.T.I.S.M tips in supporting individuals and their families in the community".

	Aut ism
Good news stories	Ambassador Southampton - Hampshire

Su Seymour, Autism Ambassador and HAV Member:

"I did a training evening to the Gosport and Fareham Inshore Rescue Service team. Claire Lillywhite did it with me and we made a brilliant team. I did role play where I was lost and a volunteer approached as they would and they saw the reaction they could get so learnt how they would have to adapt approaches to someone with autism who had fled or wandered as opposed to dementia. With Claire's learnt knowledge and my unavoidable autism comedy, we make a brilliant team doing

presentations. The feedback was brilliant. They said we were the best outside training team they had ever had".



Good	news	stories
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What are your good news stories?

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Future thoughts for the scheme	Sou
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- Autism Ambassador Southampton-Hampshire Isle of Wight - Portsmouth
- Junior Autism Ambassador Scheme
 - Small working group of Ambassadors who work in schools and/or youth groups meeting on 16 July.
- More regional meetings?
- More Ambassadors networking on Facebook
- Attract more Ambassadors from shops, community, leisure and employers into the scheme
- Build the scheme based on your feedback

Aut ism
Ambassador
Southampton - Hampshire

Feedback

- We would like your feedback on today's conference.
 - Vanessa will send you a link to a feedback form:
 - What did you enjoy today?
 - What could we have improved on?
 - What would you like us to do for next year's conference?
 - Any other comments?
- And we always welcome ideas for the scheme!

Remember...



The smallest of actions can make the biggest difference

and you will probably find that everyone may benefit from these actions!

Thank you	Autism Ambassador Southamptor - Hampshire tole of Wight - Portsmouth

- ...to all our Autism Ambassadors
 - We could only feature a few of the amazing things you have been doing during the year.
 - Thank you for your commitment
 - Thank you for all the things you are doing
 - Please keep doing them!
 - Please keep sending in your good news stories

See you next year

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We need the communities of Hampshire, Southampton, Portsmouth and Isle of Wight to

Think Autism!

www.ascambassador.org.uk